Extension Resources

Michigan State University Extension - <u>https://www.canr.msu.edu/outreach/</u>

- Severe Weather and Flooding Information for agriculture, family, community and home; <u>https://www.canr.msu.edu/flooding/index</u>
- Family Resources on aging, bullying, caregiving, early childhood development, homeownership, managing relationships, money management and violence prevention; <u>https://www.canr.msu.edu/family/index</u>
- Ask an Expert information and resources for consumers, farmers, businesses with questions; <u>https://www.canr.msu.edu/outreach/ask-an-expert</u>
- Farms Impacted by Flooding <u>https://www.canr.msu.edu/resources/resources-for-farms-impacted-by-flooding</u>
- Rapid Response for Agriculture <u>https://www.canr.msu.edu/agriculture/Rapid-Response-for-Agriculture/index</u>

Disaster Resources

National Relief Agencies

- American Red Cross Helps prepare communities for emergencies and keep people safe; <u>www.redcross.org</u>
- Catholic Charities Disaster Preparedness and Response Program provides relief and recovery services, including emergency food, shelter, direct financial assistance, counseling, and support; <u>www.catholiccharitiesusa.org</u> or 1-800-919-9338
- Consumer Financial Protection Bureau: <u>Your Disaster Checklist</u> to protect financial records.
- Extension Disaster Education Network Educational resources to reduce the impact of natural and man-made disasters; <u>https://extensiondisaster.net/</u>. The <u>Children and Disasters</u> page offers useful tips to help children, youth and teens respond to and recover from disasters.
- Federal Emergency Management Agency (FEMA) May provide assistance and tax relief to residents of a community that has been declared a federal disaster area; <u>www.fema.gov</u> or 1-800-621-FEMA For housing assistance information, <u>https://www.fema.gov/what-specificitems-are-covered-housing-assistance</u>
- Federal Trade Commission (FTC) practical tips to help financially prepare for, deal with and recover from a weather emergency plus spotting scams and imposters;
 - https://www.consumer.ftc.gov/features/dealing-weather-emergencies
- <u>Housing Counseling Disaster Recovery Toolkit</u> from U. S. Housing and Urban Development (HUD): checklists
 - <u>Household Recovery</u> goes over filing insurance claims, contacting your mortgage company and other creditors, protecting your income and credit rating, applying for disaster assistance, and managing the rebuilding process.
 - o <u>Insurance Claims</u> reviews the steps to file homeowner and renter insurance claims.
 - <u>Working with Contractors</u> contains tips on finding a contractor, executing a contract, and overseeing the work.
 - <u>Healthy Homes</u> after a Disaster covers rebuilding including protecting yourself, staying safe, and damage assessment.
 - <u>Avoiding Post-Disaster Scams and Fraud</u> helps with awareness of many types of contractor, financial, fake charity, and car scams targeting disaster victims.

- National Consumer Law Center: <u>Disaster Relief Flow Chart</u> visualized homeowner postdisaster road to recovery.
- The Salvation Army Provides assistance and resources during a disaster; contact your local Salvation Army office or go to <u>www.salvationarmy.org</u>
- Small Business Administration (SBA) Provides low-interest disaster loans to homeowners, renters, businesses of all sizes, and private, non-profit organizations to repair or replace property that has been damaged or destroyed in a declared disaster; www.sba.gov/

Michigan Relief Agencies

- Michigan Local Emergency Management Programs coordinates state and federal resources to assist local government after an emergency or disaster event. https://www.michigan.gov/msp/0,4643,7-123-72297_60152_66814---.00.html
- MIReady Preparing for disasters; <u>https://www.michigan.gov/miready</u>
- Ready.gov in Michigan https://www.ready.gov/michigan
- Michigan Volunteer Registry to help support a public health or medical emergency response; <u>https://www.mivolunteerregistry.org/clientdocs/MI_FAO.pdf</u>

Crisis Resources

- Michigan Department of Health and Human Services Helps people meet basic needs: health care, economic assistance, and services for children; also serves people with disabilities and older people; locate county offices on the "Contact Us" page at https://www.michigan.gov/mdhhs/
- Michigan Crisis Services Connect with various crisis intervention hotlines; Call 211 or https://www.mi211.org/get-help/crisis-services
- Community Mental Health Crisis Hotline Call 800-317-0708 or https://www.cmhcm.org/services/crisis.html

Agriculture Resources

- Michigan State University Extension https://www.canr.msu.edu/agriculture/index
- Severe Weather and Flooding: Agriculture <u>https://www.canr.msu.edu/flooding/agriculture</u>
- Resources for Farms Impacted by Flooding <u>https://www.canr.msu.edu/resources/resources-for-farms-impacted-by-flooding</u>
- Delayed Planting Resources <u>https://www.canr.msu.edu/resources/delayed-planting-resources</u>
- Ask and Expert: Answers form agriculture experts <u>https://www.canr.msu.edu/outreach/ask-an-expert</u>
- Managing Farm Stress <u>https://www.canr.msu.edu/managing_farm_stress/index</u>

Benefits Screening, Referral Services and Assistance

- MI Bridges Helps people determine eligibility for public health care, child care, tax credits, food support and energy assistance; English, Spanish and Arabic; https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US
- Michigan Department of Health and Human Services Helps people meet basic needs: health care, economic assistance, and services for children; also serves people with disabilities and

older people; locate county offices on the "Contact Us" page at <u>https://www.michigan.gov/mdhhs/</u>

- GovBenefits.gov Official U.S. government website on benefit and assistance programs; <u>https://www.usa.gov/benefits</u>
- Michigan Aging and Adult Services Agency Link to services for seniors and county offices; <u>https://www.michigan.gov/osa/</u>
- United Way 2-1-1 National information and referral search service for help with food, housing, employment, health care, counseling, and more; <u>www.211.org</u> or call "211" or 1-800-543-7709.

Consumer Education and Protection

- Federal Trade Commission Provides consumer protection information; visit <u>www.ftc.gov</u> or call 1-877-382-4357
- Michigan Department of Insurance and Financial Services Insurance help line; visit <u>https://www.michigan.gov/difs/</u> or call 877-999-6442
- Michigan Attorney General Resources on consumer protection, housing, health care, senior legal rights, cars, personal finance, identity theft, charities search, fraud, etc.; visit https://www.michigan.gov/ag or call 1-517-335-7622 or email michigan.gov
- Consumer Financial Protection Bureau Financial tools about various consumer loans, financial products, money management, buying a house, planning for college and retirement; <u>https://www.consumerfinance.gov/</u>
- Insurance Information Institute Aims to improve public understanding of insurance, what it does and how it works; <u>www.iii.org</u>
- Direct Marketing Association (DMA) Submit requests to stop unwanted marketing messages through direct mail, telemarketing and emails:
 - To stop direct mail marketing: Send a letter to Direct Marketing Association, Mail Preference Service, PO Box 643, Carmel, NY 10512
 - To stop telemarketing: Send a letter to Direct Marketing Association, Telephone Preference Service, PO Box 1559, Carmel, NY 10512
 - To stop email marketing: Visit <u>www.dmachoice.org</u>
- Do Not Call Place your phone numbers on FTC's national registry to stop unwanted telemarketing calls; visit <u>www.donotcall.gov</u> or call 1-888-382-1222
- Opt Out of Credit "Opt-out" of pre-approved credit offers; visit <u>www.optoutprescreen.com</u> or call 1-888-567-8688
- Phone Discounts for Low Income Users Sign up for services such as Lifeline, Telephone Assistance Plan (TAP), and Link-Up; contact your local phone company for information

Employment and Unemployment Resources

- Michigan Community Action Local assistance to families, including energy assistance, weatherization, food and clothing shelves, Head Start, child care programs, and job assistance/training; <u>https://mcac.memberclicks.net/</u> to find local agency
- U.S. Department of Labor For information on resources for both employed and unemployed workers visit www.dol.gov/ebsa/publications/; for information on retirement and health care benefits for dislocated workers visit <u>https://www.dol.gov/</u>
- Michigan Works! Helps with job searching, career planning, and job training; visit <u>https://www.michiganworks.org/</u> or call 1-800-285-9675
- Michigan Department of Labor Essential tools to make job searches successful; <u>https://www.michigan.gov/leo/0,5863,7-336-94266---,00.html</u>

- Michigan Unemployment Insurance Agency Temporary benefits to qualified persons out of work; <u>https://www.michigan.gov/leo/0,5863,7-336-78421_97241---,00.html</u>
- Michigan Unemployment Insurance Direct links to information and services; <u>https://miwam.unemployment.state.mi.us/ClmMiWAM/_/</u>
- Offender Success Provides re-entry services that help inmates prepare for release and resources for ex-offenders in job searches, housing, clothing, and family services; visit <u>https://www.michigan.gov/corrections/0,4551,7-119-33218---,00.html</u> / or call for prisoners or for parolees in the community 517-335-2253

Financial Management

- Michigan State University Extension Family resource management resources on financial security for later life, financial literacy, resource management for daily living, and homeownership; https://www.canr.msu.edu/mimoneyhealth/
- American Association of Daily Money Managers (AADMM) Provides daily money management services to members; <u>www.aadmm.com</u>
- AARP Money management information with focus on those 50 and over; www.aarp.org/money/
- American Institute of Certified Public Accountants Tips and tools for managing money through marriage, parenthood, home ownership, college savings, and retirement; www.360financialliteracy.org
- Consumer Federation of America Provides consumers with a voice in decisions that affect their lives in the areas of communications, energy, finance, food and agriculture, health and safety, and housing; www.consumerfed.org/
- Federal Reserve Bank "Consumer Information" page includes a credit card repayment calculator, mortgage foreclosure resources, general information for consumers and more; www.federalreserve.gov/consumerinfo/
- Money Sense Basic financial education information and tools for consumers; <u>https://www.moneysense.ca/</u>
- MyMoney.gov Provides information from 20 federal agencies and bureaus on making smart financial choices; also available in Spanish; <u>www.mymoney.gov</u>
- Smart About Money Articles, worksheets, and other information to manage dollars better from the National Endowment for Financial Education; <u>www.smartaboutmoney.org</u>
- Social Security Administration Estimate future Social Security benefits or find information on Medicare benefits and applications; <u>www.ssa.gov</u>
- U.S. Department of Treasury Answers to a variety of personal finance questions; <u>http://www.treasury.gov/resource-center/faqs/Personal-Finance/Pages/default.aspx</u>

Credit Counseling

Credit Counseling

- National Foundation for Credit Counseling Find a certified agency; <u>www.nfcc.org</u> or call 1-800-388-2227
- Consumer Credit Counseling Services Visit <u>https://www.consumercredit.com/michigan</u> or call 800-769-3571

Debt Management

- Bankruptcy Resources:
 - Eastern District of Michigan Filing without an attorney; <u>https://www.mieb.uscourts.gov/content/filing-without-attorney</u>

- Western District of Michigan <u>https://www.miwb.uscourts.gov/</u>
- U.S. Trustee Program Information on bankruptcy and related issues in multiple languages; <u>www.usdoj.gov/ust/index.htm</u>
- Gambling Resources:
 - Gamblers Anonymous Visit <u>https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_43661_64090-295819--,00.html</u> or call 1-800-270-7117
 - Gambling Problems Resource Center Prevention, education, and resources for solving gambling problems; visit <u>http://www.michapg.com/treatment/</u> or 1-800-333-4673
 - National Council on Problem Gambling Visit <u>www.ncpgambling.org</u> or call 202-547-9204
- Other Debt Resources:
 - Federal Reserve Bank Consumer Information page includes a credit card repayment calculator, mortgage foreclosure resources, general information for consumers and more; <u>www.federalreserve.gov/consumerinfo/</u>
 - Power Pay Interactive calculator helps determine how to manage credit and debt; <u>https://powerpay.org</u>
 - U.S. Department of Education Student loan consolidation information; visit <u>www.ed.gov</u> or call 1-800-872-5327

Investment Resources

- Federal Reserve Bank Consumer Information page includes a credit card repayment calculator, mortgage foreclosure resources, general information for consumers and more; <u>www.federalreserve.gov/consumerinfo/</u>
- Financial Industry Regulatory Authority Investing information; <u>www.finra.org/investors/</u>
- U.S. Securities and Exchange Commission Consumer investing publications and online calculators; <u>www.sec.gov/investor.shtml</u>

Food and Nutrition Resources

- Michigan State University Extension Nutrition Programs Discover how to make healthy food choices while stretching food dollars; <u>https://www.canr.msu.edu/nutrition/programs</u>
- Michigan Food Pantries List of some food pantries; <u>https://www.foodpantries.org/st/michigan</u>
- Food Bank Council of Michigan– Cooperative food resource and distribution program to local emergency food providers; <u>https://www.fbcmich.org/resources/find-a-food-bank/</u>
- United Way 211 Help with food <u>https://www.mi211.org/get-help/food</u>
- Michigan Food Assistance Programs Visit <u>https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html</u> or contact your county health and human services office
- Free or Reduced School Breakfast and Lunches Apply any time to your local school district
- ChooseMyPlate.gov Personalized eating plans and interactive tools from USDA to help assess and plan food choices based on the Dietary Guidelines for Americans; <u>www.choosemyplate.gov</u>
- USDA Center for Nutrition Policy and Promotion (CNPP) Develops and promotes dietary guidance that links scientific research to nutrition needs of consumers; <u>https://www.fns.usda.gov/cnpp</u>
- WIC (Women, Infants & Children Program) Provides supplemental foods, health care referrals, and nutrition education for low-income women, infants, and children up to age five who are at nutritional risk; www.fns.usda.gov/wic/

- Michigan Department of Health and Human Services Information on health care programs, General Assistance, Healthy Michigan, and Medical Assistance; visit https://www.michigan.gov/mdhhs/0,5885,7-339-71547_2943---,00.html
- MN Low-Cost Health Care Directory Listing of low-cost or free health care clinics; <u>https://findahealthcenter.hrsa.gov/</u> and <u>http://www.fcomi.org/find-a-clinic.html</u>

Housing Resources

Heating Assistance - <u>https://www.michigan.gov/mpsc/</u>. Contact your local Community Action Agency <u>https://mcac.memberclicks.net/agency-map</u> or DHHS <u>https://www.michigan.gov/mdhhs/</u>

Foreclosure Prevention Resources

- Help with mortgage payments <u>https://www.fhfa.gov/Homeownersbuyer/MortgageAssistance</u>
- Michigan State Housing Development Authority (MSHDA): <u>https://www.michigan.gov/mshda/</u> or 1-855-646-7432.
- Behind on mortgage payments or property taxes? <u>Step Forward Michigan</u> or call 866-946-7432.
- Find out if Fannie or Freddie own your mortgage, you can search your address on <u>this federal</u> <u>government site</u>
- Find HUD approved housing counselor: <u>https://www.consumerfinance.gov/find-a-housing-counselor/</u>
- County Register of Deeds: records real property documents—deeds, mortgages and liens.
- County Treasurer for property taxes, Hardship Extension & repayment plan. Tax Assessor at your city hall or township for Principle Residence Exemption for owner occupied homes and Poverty Tax Exemption for low income.
- U.S. Department of Housing and Urban Development Information to help those in foreclosure or worried about it in the future; visit <u>https://www.hud.gov/homeownerhelp</u> or call 1-800-569-4287

Home Repairs

- Community Action Agency <u>https://mcac.memberclicks.net/</u> to find local agency.
- USDA Rural Development in rural areas, visit <u>https://www.rd.usda.gov/mi</u> or call 517-324-5190
- Habitat for Humanity https://www.habitatmichigan.org/ or call 855-422-6424
- MSHDA's Property Improvement Program <u>https://www.michigan.gov/mshda/0,4641,7-141-45866_47906_49317-187374--,00.html</u>
- FHLBI's Accessibility Modifications Program at 800-442-2568 or <u>https://www.fhlbi.com/products-services/community-investment-and-housing/affordable-housing-program</u>.

Rental Assistance

• To find out about public housing and eligibility, call the Department of Housing and Urban Development's (HUD) Housing Counseling Office: 1-800-569-4287 or <u>hud.gov/program_offices/public_indian_housing/programs/ph</u>

• For renters in distress, <u>Justshelter.org</u>

Immigration and Human Rights Issues

- Michigan Legal Help: For legal resources; <u>http://www.michiganlegalhelp.org/</u>.
- MSHDA Fair Housing information about discrimination and rights, and how to file a complaint <u>https://www.michigan.gov/mshda/0,4641,7-141-53192---,00.html</u>
- Michigan Immigrant Rights Center: https://michiganimmigrant.org/resources

Legal Resources

- Michigan Legal Help <u>https://michiganlegalhelp.org/</u>
- Michigan Legal Services https://milegalservices.org/
- State Bar of Michigan To find out if you qualify for legal aid, visit <u>https://www.michbar.org/public_resources/legalaid;</u> to search for a lawyer, go to <u>https://michiganlegalhelp.org/organizations-courts/find-lawyer/state-bar-of-michigan-lawyer-referral-and-information-service</u>

Military Service Member Resources

- Michigan Department of Military & Veterans Affairs <u>https://www.michigan.gov/dmva/</u>
- Military One Source Education, information, resources, referrals, and counseling for military service members and their families; <u>www.militaryonesource.com</u>
- TurboTAP The U.S. Department of Defense's official website for service members returning home from active duty; <u>https://www.benefits.va.gov/transition/tap.asp</u>

Parenting and Family Education Resources

- Michigan State University Extension Parent education programming and resources; <u>https://www.canr.msu.edu/early_childhood_development/parent-education/index</u>
- Michigan Department of Education Parent resources https://www.michigan.gov/mde/0,4615,7-140-6598_88187---,00.html
- Michigan Alliance for Families information, support and education for children with special education needs; <u>https://www.michiganallianceforfamilies.org/</u>
- Parenting 24/7 Advice on parenting and family life; <u>http://parenting247.org</u>
- Parent Advocacy Coalition for Educational Rights Information about children with disabilities as well as links to other areas including bullying; <u>www.pacer.org</u>

Tax Assistance

• AARP Tax-Aid – Free tax preparation assistance services; visit <u>www.aarp.org/money/taxaide/</u> or call 1-888-227-7669

- Internal Revenue Service Visit <u>www.irs.gov</u> or call 1-800-829-1040
- IRS Free File <u>https://www.irs.gov/filing/free-file-do-your-federal-taxes-for-free</u>
- Volunteer Income Tax Assistance <u>https://michiganlegalhelp.org/self-help-tools/income-</u> <u>tax/getting-your-taxes-done-free</u>
- Michigan Free Tax Help <u>http://michiganfreetaxhelp.org/</u>
- Michigan State University Tax Clinic free legal-aid clinic that works with low-income taxpayers having controversy with the IRS; <u>http://taxclinic.law.msu.edu/</u>
- United Way 211 Find free tax preparation assistance; <u>https://www.mi211.org/get-help/financial-tax-assistance</u>

Brenda Long, Rob Weber and Teagen Lefere Financial and Homeownership Education Community, Food and Environment Institute Michigan State University Extension Updated Michigan information in June 2020